**PROGRAM**

**9th European Narcolepsy Day Montpellier, May 5-6th 2018**

**Saturday, May 5thLocation: Old School of Medecine, Montpellier**

9:00-9:15  Registration

9:15-9:30  Welcome

9:30 -11:00 **Symposia 1**: Recent knowledges from Basic science (M Tafti /Y Dauvilliers)

* Immune system and narcolepsy: Role of T cell: Ulf Kallweit (20 min), B Kornum (20 min)
* Animal models of narcolepsy: Role of hypocretin, amygdala and prefrontal cortex:
C Peyron (20 min) / M. Schmidt (20 min)

Break : 15 min

11:15 -12:45        **Symposia 2**: Recent knowledges from clinical research: Narcolepsy is a hypothalamic disorder?
 (Bassetti/Lammers)

* Metabolism, obesity and eating behavior in narcolepsy: S Overeem (25 min)
* Biomarkers (CSF, sera, DNA) in narcolepsy: M Tafti (25 min)
* Biomarkers (Neurophysiology and neuroimaging): P Jennum (25 min)

12:45 -13:15        Brain bank plan, concept proposal and first data R Fronczek (20 min)

13:15-16:00: Lunch and Business Meeting EU-NN for EU-NN members

 Database and related research projects

EU centers of excellence on narcolepsy

New Homepage

13:15-16:00                 Free time/ networking for participants

16:00-17:20         **Symposia 3: Narcolepsy borderland** (P Jennum/ G Plazzi)

Narcolepsy and idiopathic hypersomnia:

* Current ICSD3 diagnostic criteria: Big limitations

Pro vs Con: GJ Lammers (con, 15 min) and J Santamaria (pro, 15 min)

 The Relationship between Sleepiness and Psychiatric Illness: M Lecendreux (15 min)

 Different phenotypes and clinical evolutions of narcolepsy: R Lopez (15 min)

Consensus and perspectives on diagnostic tests / discussion: C Bassetti (15 min)

17h20-17:45 **REM sleep**: Past and Future : T Roth (25 min)

17:45 -19h00 **Oral communications**: R Fronczek / B Kornum

18:30-20:30 : Optional : Visit of the anatomic museum (maximum: 3\*18 peoples)

21:00 Dinner

**Sunday, May 6 th: Location: Old school of medecine, Montpellier**

***Patients Association, Doctors, and Researchers altogether***

*9:00-10:00* ***Symposia 4:* Cognition andPsychosocial aspects in Narcolepsy** (L Barateau/ F Pizza)

 Patient ‘ report : Marie Olsson from Sweeden (15 min)

Cognitive and emotional problems in children: G Plazzi (20 min)

 Cognitive and emotional problems in adults: G Mayer (20 min)

*10:00 -11:10*    ***Symposia 5. Closing Symposia:* Perspectives to improve care and quality of life in narcolepsy** (M Lecendreux/ K Sonka)

The Measurement of Sleepiness, other narcolepsy symptoms: Current and Potential Future Tools:

* Patient‘ perspective: Matt O’Neill from UK (15 min)

- Doctor’ perspectives:

M Partinen (subjective measurement, 15 min) / R Khatami (objective measurement, 15 min)

* New drugs to improve narcolepsy and perspectives: Y Dauvilliers (20 min)

Break : 15 min

11:25-12:30         **Symposia**  **6:**

**Young scientist communications** (G Mayer and Y Dauvilliers**)**

**Narcolepsy Year in review** (G Mayer/ A Wierzbicka)

Clinical research: 25 min F Pizza

Basic science: 25 min Ph Luppi

12:30           Summary of meeting and Future European Narcolepsy Days

*Lunch, Farewell*